



Newsletter of PFLAG Fort Worth Chapter, P.O. Box 8279, Fort Worth, TX 76124. Published monthly, June & July issues combined.

PFLAG promotes the health and well-being of LGBTQ people and their families and friends through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation, and acts to create a society that is healthy and respectful of human diversity.

PFLAG Fort Worth Meeting/Support Group Meets on FIRST THURSDAY Every Month



Transgender Support Group Meets on ZOOM LAST SUNDAY Every Month



PFLAG Fort Worth Important Dates

- 4/04 PFLAG Fort Worth Monthly Meeting Page 2
- 04/10 Food & Fun ConFAB (conversation) Page 1
- 04/11 PFLAG Dallas Monthly Meeting See below
- 04/22 Sam House Supper Club Page 4
- 04/28 Trans Support Group on Zoom Page 2
- 05/02 PFLAG Fort Worth Monthly Meeting Page 2
- 05/08 Food & Fun ConFAB (conversation) Page 1

To attend **VIRTUAL PFLAG Fort Worth events**, please EMAIL info@pflagfortworth.org for Zoom link

For information about **PFLAG Dallas events**, please see their website—pflagdallas.org or their [Facebook](#) page.



Food & Fun ConFAB
 Join us for conversation and fun at 6:30pm
the 2nd WEDNESDAY of APRIL
 Shaw's Patio Bar & Grill on Magnolia Ave
 Fort Worth, TX

See you at Shaw's on April 10 at 6:30pm!



"Tell your story.
 Shout it. Write it.
 Whisper it if you have to.
 But tell it.
 Some won't understand it.
 Some will outright reject it.
 But many will
 thank you for it.
 And then the most
 magical thing will happen.
 One by one, voices will start
 whispering, 'Me, too.'
 And your tribe will gather.
 And you will never
 feel alone again."
 — L.R. Knost

"Tell your story..." by L.R. Knost. [Read more here](#)



Thursday, April 4
at 6:45pm

PFLAG Fort Worth
 Meeting and Support Groups
 6:45pm - Social
 7:00pm - Speaker and Support Groups

*Share our stories, Share our strength
 We listen and understand.
 Together let's make Texas a better,
 fairer place for LGBTQ+ and all of us
 who love and care for them.*

Celebration Community Church
 Fellowship Hall (behind church)
 908 Pennsylvania Ave.
 Fort Worth, TX 76104



LET'S TALK
Transgender Support Group
 In Partnership with
St. Stephen's Episcopal Church - Hurst
VIRTUAL on Zoom
LAST SUNDAY of Every Month 3-5pm
 Talk as much or as little as you want
Share Our Stories - Share Our Strength

PFLAG Fort Worth
 Call or Email for Link
 817-382-7353
info@pflagfortworth.org



PFLAG Fort Worth meeting/support group is every FIRST Thursday, at 6:45pm
 We meet in the building behind Celebration Community Church, 908 Pennsylvania Ave., Fort Worth 76104
Parking is free and easy to find.

Our April meeting is Thursday, April 4. Come meet Dr. James Newkirk and hear him talk about his experiences of being black and gay in the military. Then, we'll share stories and support.
Talk as much or as little as you want.

Family support /acceptance are critical to health and wellbeing of LGBTQ. Come to PFLAG Fort Worth meetings to give and receive support.
You do NOT need to be a member to attend, and there is no cost to attend.

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About L.R. Knost

L.R. Knost's writing, "Tell your story" as seen on page 1 of this newsletter, is important for all of us. She is an award-winning author, feminist, and social justice activist who is the founder and director of the children's rights advocacy and family consulting group, Little Hearts/Gentle Parenting Resources, and Editor-in-Chief of Holistic Parenting Magazine. [Read more here.](#)

"Loving your LGBTQ+ child is always the right thing to do." Brian Bond, CEO of PFLAG National

Please mark your calendar NOW!
 1st Thursday - PFLAG Fort Worth - 6:45
 2nd Wednesday - PFLAG at Shaw's - 6:30
 Last Sunday - Trans Support on Zoom - 3:00

Proving "Love Is Limitless"

Here are lovely stories of five Black Queer couples (including Brittney Griner and her wife) who are "reimagining in real-time what partnership, parenthood, and family can look like." [Read more here](#)

Justice Network of Tarrant County

The Tarrant County Justice Network "seeks justice for all to create a community made whole." How to help? [Read more here](#)

Students - Banned Book & Anti-Censor Groups

Da'Taeveyon Daniels, a student in Euless, TX, is a student leader in National Coalition Against Censorship. He believes students need access to materials, opinions, and perspectives of others so as to understand others, accept them, and empathize with them. [Read more here](#)

LGBTQ SAVES' mission is to provide safe, brave spaces for social and personal development of LGBTQ youth. Youth meetings are a place for youth (12-24) to connect with mentors and peers For information Vic.Maldonado@lgbtqsaves.org
[Read more here](#)



**Westside Unitarian
 Universalist Church**
 We Are a Welcoming Congregation

901 Page
 Fort Worth, TX 76110



817.924. MYUU (6988)

Sunday Service at 10:30 in person and on Facebook Live



CELEBRATION COMMUNITY CHURCH
 908 PENNSYLVANIA AVE . FT WORTH . TX

#TRADITIONWITHOUTJUDGMENT

**JOIN US FOR WORSHIP
 EVERY SUNDAY AT 10AM**

www.celebration-community-church.com



LGBTQ+ HELP Is Close and Convenient

Meet Dee Jay Johannessen who is CEO of the Health Education Learning Project and has worked in the HIV field for over 30 years. Under Dee Jay's guidance, the HELP Center for LGBT Health & Wellness is just what its name says that it is: a place dedicated to the wellness of LGBTQ+ people. The HELP Center has a couple of clinic locations in Fort Worth and Arlington offering HELP for the LGBTQ+ community in North Texas. [Read more here](#)

The HELP Center started thirty years ago as a place where LGBTQ+ individuals could get linked to the care they needed without worrying about discriminatory mounds of red tape and suffocating costs. Today, it offers HIV testing and prevention, complete PrEP services, counseling, and gender-affirming care, all with NO out-of-pocket cost to its clients.

Not only that, but the HELP Center knows what it's like to be LGBTQ+ in today's times. HELP offers insurance premium assistance and pharmacy services, in addition to direct care. They also advocate for your rights, hold special programs to educate the broader community about LGBTQ+ issues, and encourage tolerance and inclusiveness.



The HELP Center organized the first Arlington PRIDE event in 2022 at the Arlington HELP Center. They expected a couple hundred people and ended up hosting a thousand LGBTQ+ people and supporters. In 2023, they shifted the location to the Levitt Pavilion, and the crowd swelled to over five thousand. The 2024 Arlington PRIDE event promises to be an even bigger celebration of love and inclusion. [Read about Arlington Pride here.](#)

The main HELP Center location is in the Fort Worth hospital district; the Arlington Center is downtown. Both centers are on bus routes. (Dee Jay Johannessen spoke at the PFLAG Fort Worth February

meeting. We sincerely appreciate Dee Jay and his staff at the HELP Center.)

Oprah Winfrey and Niecy Nash Honored by GLAAD

[Read more here](#)

Trevor Project Lifeline - 866-488-7386

Or Text "START" to 678-678

You'll talk to a Trevor counselor who understands LGBTQ issues and won't judge you. Your talk will be anonymous. You can share more or less as you like. Counselors are available 24/7 to talk/text/listen



TRANS SUPPORT GROUP meets on ZOOM on the last Sunday of the month at 3:00.

To join the Zoom meeting, please email info@pflagfortworth.org. PFLAG Fort Worth partners with St. Stephen's Episcopal Church in Hurst, TX, to provide this Trans Support Group.

What does "Trans-Affirming Care" Mean?

Gender-affirming care can help a person be the person they were meant to be. Why is this so important?

[Watch here](#) [And watch more like video here](#)

Protect LGBTQ+ Students' Rights

The ACLU of Texas provides this toolkit to help students and parents make schools more affirming.

You are not alone. [Access the toolkit here](#)

#REFORMTheLockerRoom

The Trevor Project and PUMA are partners in a mission to "foster safer and more inclusive environments that support LGBTQ+ young people and reduce their risk of suicide." [Read more here](#)

Learn how to become better allies and make locker rooms and sports facilities welcoming and accessible to LGBTQ identifying young people. Involve your coaches and athletic directors in the Trevor Project's mission to reduce LGBTQ suicide. [Read more here](#)

SEAT - Students Involved in Advancing Texas

These students want to be involved in decisions about what is taught and not taught in their schools...and much more. They say, "No one should be dictating the narrative about us without us at the table. We seek to make decisions, not face their impacts." [Read more here](#)

ACLU of Texas Asks You to Share Your Story

Have a story about when you were in school in Texas and had issues with the dress code? "Sharing our stories is a powerful way that we can bring awareness to the scope of this issue – and advocate for our schools to update their outdated policies." [Find out more here](#)

Broadway Baptist - LGBTQ+ Library

We thank Broadway Baptist Church for their LGBTQ+ friendly library. One book that is available came from a school library many miles away. [Read more here](#)

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BlackLine - Call 1.800.604-5841 for support
BlackLine is a Black, Indigenous, People of Color (BIPOC) LGBTQ+ support line, by BIPOC folks,

Trans Lifeline Hotline at 877-565-8860

Trans people located all over the US and Canada, for trans and questioning callers.





Important Dates in April

- April 06 - International Asexuality Day
- April 10 - National Youth HIV/AIDS Awareness Day
- April 12 - Day of Silence
- April 18 - Holocaust Day of Remembrance
- April 22 - Earth Day
- April 21 - Nonbinary Parents Day
- April 23 - 29 - National Library Week
- April 22 - 28 - Lesbian Visibility Week
- April 26 - Lesbian Visibility Day



Lesbian Visibility Week

Because Lesbians need more than one day to celebrate! This is a week for lesbians to be seen, heard and celebrated. Linda Riley is founder of Lesbian Visibility Week and is the publisher of DIVA, Europe’s leading brand for LGBTQI and nonbinary people. Linda said, “We needed, and deserved, more time to shine a light on some of the amazing women in our community, and to celebrate who we are without fear of prejudice, harassment or vilification. [Read more here](#)

What is International Asexuality Day?

Please remember that “asexuality is an umbrella term, and exists on a spectrum.” Asexual people may be known as “Ace” or “Aces.” [Read more here](#) and [Read more here](#)

Nonbinary Parents Day

Third Sunday in April is Nonbinary Parents Day. Watch this interesting interview with Johnny Blazes who created Nonbinary Parents Day. [Watch video here](#)

Nonbinary Parents Day Gives Me a Chance to Belong

Read this important story of a Nonbinary parent and their “Chance to Belong.” [Read more here](#)

Be a Better Ally to Trans & Nonbinary Parents

Everybody starts somewhere, and this article is a good place to begin to better understand Trans and Nonbinary parents. [Read more here](#)

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Finn’s Place – Trans and Gender Diverse Space in Fort Worth, TX, is on [Facebook](#), [Twitter](#), and [Instagram](#).

Suicide Prevention Resource Center

LGBTQ suicide prevention. [Read more here](#)

Equality Texas’ Resources for LGBTQ+ community are evolving. Please check here if you need help. [Please click here for Resources for Covid, Health Care, Crisis Hotlines, Food, Housing, Family, Youth](#)



PFLAG FORT WORTH ON PAYPAL

There are now two ways to interact with PFLAG Fort Worth through PayPal!

To make a one time donation:

paypal.com/us/fundraiser/charity/2047249

If you have Questions or trouble with the link, please contact info@pflagfortworth.org.

To set up a recurring membership, go to our website, pflagfortworth.org. Click on the Membership tab on the top, then choose the level of membership you want. Complete the process through PayPal (if you don’t have a PayPal account, it’s free and easy to set up), and voila you’re all set! The advantage to doing it online is you won’t have to remember to renew every year!



Come join us for the fun and reward of serving dinner at Sam House every 4th Monday from 5:30-6:30. Or send a dish to contribute



Looking for a Way to Help?

- ♥ **WHO:** PFLAG Fort Worth’s Samaritan House Supper Club
- ♥ **WHAT:** Serve Dinner to Sam House residents
- ♥ You can also make a dish to contribute even if you can’t come to help serve.
- ♥ **WHEN:** Fourth Mondays, 5:30 - 6:30 pm
- ♥ **WHERE:** Samaritan House, 929 Hemphill St, Fort Worth, 76104
- ♥ **WHY:** Because it makes a Difference
- ♥ Interested? **Contact Ruby at 817-382-7353**

PFLAG FORT WORTH ON SOCIAL MEDIA

LIKE US ON FACEBOOK

<https://www.facebook.com/pflagfortworth/>

FOLLOW US ON TWITTER @pflagftworth

