

# MENTAL HEALTH

## PROVIDERS—Fort Worth

### [ACH Child & Family Services](#)

Family Counseling  
Bilingual Therapists Avail.  
Fort Worth  
Crisis Line: 817.335.4673  
Toll Free: 888.296.8099

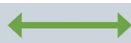
### AIDS Outreach Center

<https://www.aoc.org>  
Fort Worth  
817.335.1994

### Ernie Armstrong, LPC

[Ernie Armstrong Counseling](#)  
Fort Worth  
405.689.0637


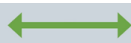
### Jenny Crouch Clark, LCSW-S

[Crouch Clark Counseling](#)  
Arlington    
682.233.5956

### Carla Garber, PhD, LPC

[www.drcarlagarber.com/](http://www.drcarlagarber.com/)  
Joshua    
817.360.1137

### Gerard Cavanaugh, PhD, LPC, LMFT-S

[The Parenting Center](#)  
Fort Worth    
817.332.6348  
[gfcavana@swbell.net](mailto:gfcavana@swbell.net)

### [AR Psychological Services](#)

Southlake  
817.488.0502

### Steffanie Grossman, PhD

[www.drsteffaniegrossman.com](http://www.drsteffaniegrossman.com)  
Grapevine  
320.318.0773

### [Grapevine Psychology](#)

Grapevine  
817.329.5041

### [Schedule Phone Consult](#)

### Melanie Maine, LPC

[Comfortable Counseling](#)  
Fort Worth  
817.796.9543


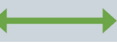
### Wes Parks, LPC

Melina Wikoff, LPC-I  
[Metroplex Mental Health](#)  
Arlington & Fort Worth  
682.717.1111


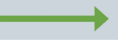
### Patrick Ramsey, LPC

Ramsey Counseling &  
Coaching  
Keller  
432.222.0863

### Marilu Romero, MS, LMFTA

[www.drmariluromero.com](http://www.drmariluromero.com)  
Bilingual English/Spanish  
Fort Worth    
562.472.3319

### Randall Storey, MS, LPC

[Randall Storey Counseling](#)  
Fort Worth    
682.703.0712

### Aimee Tanos, LPC

[www.aimeetanos.com](http://www.aimeetanos.com)  
Aubrey (also teleconferences)  
817.602.3623  
Accepts clients 13 and up

### Delaine Taylor, LCSW

[Bliss Psychotherapy](#)  
Keller  
817.382.2249

### LaShonda Thomas, LMFT

[lionesscounseling.com](http://lionesscounseling.com)  
Fort Worth  
817.888.8009  
(very reasonable rates)

  Offers sliding scale program for some clients

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