

SPIRIT

December 2025 Volume XXXI Number 12



PFLAG Fort Worth

Important Dates

12/04 PFLAG Potluck Dinner (Page 2)

12/10 Food and Fun Confab (Page 3)
12/22 Sam House Supper Club (Page 3)
12/28 Trans Support Group (Page 2)
01/01 NO PFLAG Meet/Support (P 2)
01/14 Food and Fun Confab (Page 3)
To attend PFLAG Fort Worth events
For Zoom, contact us at 817.382.7353
or at info@pflagfortworth.org
for Dallas PFLAG go to pflagdallas.org





Come visit Santa Claus in Sundance Square! Photos with personal cell phones & cameras are welcome and free. Read more here

Holiday Ally

Want to be a good ally to your LGBTQ family and friends during the holidays? PFLAG is the largest ally organization in the U.S. and has suggestions for us! **LISTEN** - "Close your mouth, open your ears," and do not comment right away. Listen to how they're feeling, don't give a "pep talk," don't discount their feelings. Truly listen. ASK - "Check in." Reach out and find out how they're doing. "Ask open-ended questions like, 'Tell me about your plans for the holidays.' and 'Tell me how you're doing." BE the "ALLY ON CALL" - Let them know you're ready to listen by phone or text if they need you. **INVITE - Ask**



PFLAG Fort Worth

Choose the people
who choose YOU!
No need to be a member.
No cost to attend.
You are not alone!

Meeting and Support Group
1st Thursday in December
6:45pm
Holiday Potluck Dinner
Come and Bring a Friend
Celebration Community Church
Fellowship Hall
908 Pennsylvania, Ft Worth

Trans Virtual Support Group Last Sunday Every Month 3:00-5:00 on Zoom



LET'S TALK

Transgender Support Group
In Partnership with
St. Stephen's Episcopal Church - Hurst
VIRTUAL on Zoom
LAST SUNDAY of Every Month 3-5pm
Talk as much or as little as you want
Interesting speakers/Group Support

Share Our Stories - Share Our Strength

PFLAG Fort Worth
Call or Email for Link
817-382-7353
info@pflagfortworth.org





CELEBRATION COMMUNITY CHURCH

908 PENNSYLVANIA AVE . FT WORTH . TX

#TRADITION WITH OUT JUDG MENT

JOIN US FOR WORSHIP EVERY SUNDAY AT 10AM

www.celebration-community-church.com



LAST SUNDAY PFLAG Fort Worth Trans Support Group Meeting

On Sunday, December 28 (the last Sunday of the month), we will have our Trans Support meeting at 3 pm on Zoom. We look forward to seeing you there. To attend, contact us at 817.382.7353 or at info@pflagfortworth.org

THE HOLIDAYS ARE HERE

HERE'S HOW YOU CAN HELP

lopt a Client

ns, ask us about

Our Needs

Large Print Bibles

Bluetooth Speake
 Cleaning Supplies

Cleaning Supplies
 Books for All Ages
 Gift Cards

Wrapping Need With all the gifts,

comes all the

wrapping. We will have a wrapping day in December and will need volunteers, as well as any paper, boxes, or bags that

you would like to

Vant to Serve a Christmas Meal?

Palm Tree location is in need of a Christmas meal ed around the holidays. Please reach out if this is something you are inter<mark>Read about Sam House here</mark>



The 1st THURSDAY in December, PFLAG Fort Worth hosts a Potluck Dinner at 6:45 in the building behind Celebration Community Church.



Come join us and discover how much PFLAG loves, supports, and cares for you. You are not alone! You don't have to be a member. There is no cost to attend. Come alone or bring a friend. Bring a dish or not. We'd love to welcome you!



Lambda Legal

Our speaker for PFLAG in November was Shelly Skeen, a senior attorney with Lambda Legal. Shelly told us about her work with Lambda Legal to protect LGBTQ people in Texas and across the U.S. Find support and resources to help you, your family, your friends at Lambda Legal. Lambda Legal needs our support to continue their valuable work. Read more here

2nd WEDNESDAY PFLAG Fort Worth CONFAB

Join us for fun and conversation every 2nd Wednesday at 6-6:30ish Ruby with the glorious red hair usually arrives first to save us a table at Shaws Patio Bar and Grill, at 1051 W. Magnolia, in Fort Worth, south of downtown. Parking is free and easy to find. See you soon!



4th MONDAY PFLAG Fort Worth Sam House Supper Club

Join your PFLAG friends by bringing a dish and/or coming to help serve supper to residents of Samaritan House every 4th Monday of the month from 5:30 – 6:30 at 929 Hemphill St., Fort Worth 76104.



"Until our world decides
that every human matters,
that everyone has a right
to food and safety and freedom
and healthcare and equality,
it is the obligation of those privileged to
have food and safety and freedom and
healthcare and equality to fight tirelessly
for those who do not."

~L.R.Knost~



"It's not our job
to toughen our children up
to face a cruel and heartless world.
It's our job to raise children
who will make the world
a little less cruel and heartless."

~L.R.Knost~



Peace and happiness come from you, not to you.

Don't seek them. Create them.
And then help others to do the same.
You get one life. Live it well."

~L.R.Knost~



"Here's to the bridge-builders,
the hand-holders, the light-bringers,
those extraordinary souls
wrapped in ordinary lives
who quietly weave threads of humanity
into an inhumane world.
They are the unsung heroes
in a world at war with itself.
They are the whisperers of hope
that peace is possible.
Look for them in this present darkness.
Light your candle with their flame.
And then go.
Build bridges. Hold hands.

Build bridges. Hold hands.
Bring light to a dark and desperate world.
Be the hero you are looking for.
Peace is possible.
It begins with us."

~L.R.Knost~

World AIDS Day

The purpose of World AIDS Day according to the International Society of Infectious Diseases, is to raise "awareness about AIDS caused by the spread of HIV infection and to mourning those who have died of the disease... a moment of solidarity for people who are affected by HIV as... the disease remains a significant public health challenge." Read more here IAS+ is an "interactive digital platform that provides free HIV-related educational resources and virtual live events to empower scientists, policy makers and community activists around the world." It's a good resource for all who are concerned about HIV/AIDS. Read more here



"Yule Be OK" Guide to December
Need a little help during December? Check out
the website, "Yule Be OK, Friends: 76 Ways to
Get Through December." This is a "queer survival
guide for navigating family gatherings" and
"finding joy" in the long, dark days of winter.
Some suggestions are serious and some are
funny but mostly they just may help you a lot.
They range from "Practice your boundary
statements in the mirror" to "Replace your
family's Elf on the Shelf with Dyke on a Bike."
Read more here



PFLAG Fort Worth December 2025

Important Dates in December

12/01 - World AIDS Day

12/08 - Pansexual/Panromantic Pride Day

12/10 - Human Rights Day

12/14 - HIV Cure Research Day

12/28 - Trans Youth Day

Pansexual/Panromantic Pride Day

Healthline.com explains the difference between "pansexual" and "panromantic," and discusses different orientations, both romantically and sexually. Healthline says, "Remember that the label(s) you choose to describe your experiences — if any — are up to you. No one else can dictate how you identify or express your orientation."

Read more here.





un.org/en/observances/human-rights-day



Who is L.R.Knost?

Award-winning author, women's rights advocate, and social justice activist, L.R.Knost, is founder and director of the children's advocacy and family consulting group, Little Hearts/Gentle Parenting Resources, and Editor-in-Chief of Holistic Parenting Magazine.

Read more here

Looking for a Way to Help?

WHO: PFLAG Fort Worth's Sam House Supper Club WHAT: Serve Dinner to Sam House residents, bring

a dish to donate, or just come to serve. WHEN: Fourth Mondays, 5:30 - 6:30 pm

WHERE: Samaritan House, 929 Hemphill St, Fort

.........

Worth, 76104

WHY: Because it makes a Difference Interested? <u>Contact Ruby at 817-382-7353</u>

Westside Unitarian Universalist Church

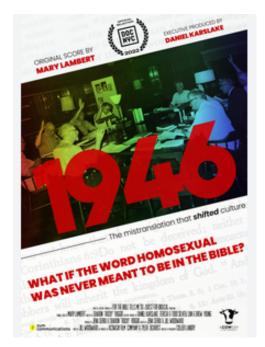
We Are a Welcoming Congregation

901 Page Fort Worth, TX 76110



817.924. MYUU (6988)

Sunday Service at 10:30 in person and on Facebook Live



"What if the word homosexual was NEVER MEANT TO BE in the Bible?"

In a recent interview, Blake McGrath and Sharon "Rocky" Roggio, director of the documentary "1946: The Mistranslation that Shifted Culture," answer these questions: "What if the word "homosexual" was never meant to be in the Bible?" and "What if one of the world's most harmful theological beliefs was built on a single mistranslation?" Watch interview here NewFest Pride: Q&A with Sharon "Rocky" Roggio Watch it here

If you haven't seen the film yet, it is available from several sources.
Watch the film "1946" here

Workbook, Discussion Guide, and Resources for LBGTQ+ Christians and Allies

The makers of 1946: The Mistranslation that Shifted Culture write, "We believe that faith and LGBTQIA+ identity are not mutually exclusive. Our hope is that this list will serve as a resource to challenge harmful theology, empower conversations, and create spaces of healing and inclusion. We hope you found this information helpful. Please email any thoughts or suggestions to: 1946themovieinfo@gmail.com"

Find Workbook and Discussion Guide here.

Find Resources for LGBTQIA+ Christians & Allies here



LGBTQ SAVES - LGBTQ Youth

"LGBTQ SAVES provides a safe and brave space in Fort Worth by hosting in-person and virtual weekly meetings, Pride events, and community dinners for LGBTQ youth and their families. Join us in building a community where all youth are safe." Read more



Holiday Stress

Feeling stressed during the holidays? Feeling overwhelmed as Christmas etc. approach? What do we do? Kelly McGonigal, health psychologist at Stanford University says, "If you're feeling stressed or overwhelmed, don't cut yourself off from other people, Instead, double down on your capacity for connection." Wait! What if it's the people that I'm feeling stressed & overwhelmed about? Read more here



Gay Pride Christmas Nutcrackers by Kurt Adler, Inc. seen in December at Bass Hall in Fort Worth



@HIVCureResearchDay

The purpose of HIV Cure Research Day is to raise "awareness about HIV cure research" and for "celebrating the efforts of researchers, advocates, and community members working towards finding a cure for HIV." Read more here.



Merry Christmas from PFLAG Fort Worth

PFLAG Fort Worth Poster
Later in this newsletter, please find a poster
of our 4 PFLAG Fort Worth regular monthly
events. Please share this poster with people
who may be interested in PFLAG Fort Worth or
who may need to know they're not alone.
Thank you for caring, sharing and supporting
us by displaying our PFLAG Fort Worth poster!







FORT WORTH

1st Thursday PFLAG Fort Worth Meeting & Support

6:45pm Social+Snacks 7:00pm Meeting/ Support Groups

Celebration Community Church - Fellowship Hall 908 Pennsylvania Fort Worth

For Zoom info, call or email 817.382.7353 info@pflagfortworth.org

4th Monday PFLAG Fort Worth Sam House Supper Club

Join us to serve dinner to residents of Samaritan House, bring a dish, or just help serve from 5:30-6:30pm

> Samaritan House 929 Hemphill St. Fort Worth

For more information contact Ruby at 817.382.7353

2nd Wednesday PFLAG Fort Worth CONFAB

Join us at 6-6:30ish for an evening of fun and conversation at

Shaw's Patio Bar & Grill (at PFLAG table) 1051 W. Magnolia Fort Worth

For more info, call or email 817.382.7353 info@pflagfortworth.org

Last Sunday PFLAG Fort Worth Trans Support Group

Virtual on Zoom 3:00pm



For Zoom info, call or email 817.382.7353 info@pflagfortworth.org

You are not alone! At PFLAG Fort Worth, we have the support and resources you need.

We are parents, family, and friends of LGBTQ+ people and LGBTQ+ people.

Join us to help create a caring and affirming world for LGBTQ+ people and all who love them.

To Our PFLAG Fort Worth Members and Friends

Membership and/or Donations

To join PFLAG Fort Worth and/or make a donation, please go to www.pflagfortworth.org

Also, there are two ways to interact with PFLAG Fort Worth through PayPal!

To make a donation go to paypal.com/us/fundraiser/charity/2047249

To set up a recurring membership, go to our website, pflagfortworth.org.

Click on the Membership tab on the top, then choose the level of membership you want.

Complete the process through PayPal (if you don't have PayPal, it's free and easy to set up).

The advantage to using PayPal online is you don't have to remember to renew every year!

The PFLAG mission of support, education, and advocacy is as vital as ever. Please continue your support, renew your membership, attend events/ meetings, and/or donate to PFLAG Fort Worth so we can fulfill our mission. Despite a growing acceptance of diversity in our society we are all too aware of hostility and worse toward LGBTQ persons. Please help PFLAG keep working toward the society we want; where people are informed, rights are protected, and families find care and understanding.

Some ways we served our mission in 2024-2025:

- -Providing a monthly speaker and support group, in person and virtually on Zoom
- · Providing a monthly dinner for Fort Worth Samaritan House residents
- · Making Christmas stocking for Samaritan House children, providing money for Halloween costumes, and tutoring residents
- · Proudly marching in the Dallas Pride parade and attending Pride events
- · Staffing a booth at the Fort Worth Pride Festival and Picnic events as well as other area events
- -Sponsored Badge of Pride exhibit
- -Donated scholarships to LGBTQ SAVES, Camp Haven, TRANSportation Network.

- · Sharing our mission of advocacy, support, and education with businesses, universities, federal agencies, etc.
- · Hosting a monthly virtual trans Support Group on Zoom with partner St. Stephen's Episcopal Church, Hurst, TX
- -Sent an officer to the PFLAG National Conference

Goals for October 2025 - September 2026:

- · Continue to offer scholarships to graduating seniors of LGBTQ SAVES, etc.
- · Develop ways to become more visible to those who need us and don't know we are here
- · Send an officer to the PFLAG National Conference
- · Continue advocating for the LGBTQ community with businesses, educators, and families

Everything we undertake has a financial outlay for materials, space, publicity, fees, insurance, printing, etc., and, proudly, scholarship awards. We are making a difference and **need you** with us. Please help PFLAG Fort Worth move equality forward during the coming year with your financial generosity, time, talent, presence at events, etc. Commit to our mission of support, education, and advocacy. Attend our events to connect with us!







PFLAG FORT WORTH, TEXAS

PFLAG Fort Worth promotes the health and well-being of LGBTQ people and their families and friends through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation, and acts to create a society that is healthy and respectful of human diversity.