

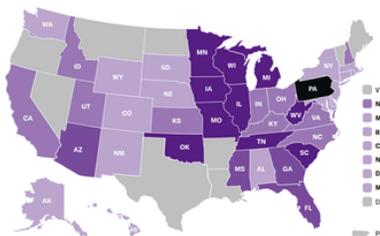


~ PFLAG Swag ~

PFLAG Fort Worth

Important Dates

- 03/05 PFLAG Meet/Support (Page 2)
 - 03/11 Food and Fun Confab (Page 3)
 - 03/23 Sam House Supper Club (Page 3)
 - 03/29 Trans Support Group (Page 2)
 - 04/02 PFLAG Meet/Support (Page 2)
 - 04/08 Food and Fun Confab (Page 3)
- To attend PFLAG Fort Worth events**
For Zoom, contact us at 817.382.7353
 or at info@pflagfortworth.org
 for Dallas PFLAG go to pflagdallas.org



443 Anti-LGBTQ bills are being tracked by the ACLU in the U.S. Although many of these bills won't "become law, they all cause harm for LGBTQ people." [Read more here](#)



PFLAG says, "When it comes to any form of legislative advocacy, you want to identify your goals and targets beforehand. Preparation is a key component for success. These resources will help support your efforts." Find [resources here](#)



LAST SUNDAY of MONTH
Trans Support Group Meeting
 Attend our next Trans Support Group on the LAST SUNDAY of the month, March 29, at 3:00 on Zoom. To attend, contact us at 817.382.7353 or at info@pflagfortworth.org

PFLAG Fort Worth

Choose the people who choose YOU!
No need to be a member.
No cost to attend.
You are not alone!

Meeting and Support Group
1st Thursday Every Month
6:45pm Snacks & Social
7:00 Meeting/Support Group
In person and on Zoom
Celebration Community Church
Fellowship Hall
908 Pennsylvania, Ft Worth

Trans Virtual Support Group
Last Sunday Every Month
3:00-5:00 on Zoom



LET'S TALK

Transgender Support Group
In Partnership with
St. Stephen's Episcopal Church - Hurst
VIRTUAL on Zoom
LAST SUNDAY of Every Month 3-5pm
Talk as much or as little as you want
Interesting speakers/Group Support

Share Our Stories - Share Our Strength

PFLAG Fort Worth
Call or Email for Link
817-382-7353
info@pflagfortworth.org



CELEBRATION COMMUNITY CHURCH



908 PENNSYLVANIA AVE . FT WORTH . TX

#TRADITIONWITHOUTJUDGMENT

JOIN US FOR WORSHIP
EVERY SUNDAY AT 10AM

www.celebration-community-church.com

Stonewall Flag

The mayor of New York City, Zohran Mamdani, called the recent removal of the Pride flag from the Stonewall Monument “an act of erasure.” The Stonewall Inn is where, “in 1969 the modern LGBTQ+ rights movement was ignited.” Almost 60 years ago, police raided the popular gay bar, and set off an uprising that, as the [Library of Congress](#) notes, would ‘fundamentally change the discourse surrounding LGBTQ+ activism’ in the US.”
[Read more here](#)



Photo by [Edwardo Munoz, Reuters](#)

Every 1st THURSDAY
PFLAG Fort Worth Meets
Please join us at our
meeting and support
group on the FIRST
THURSDAY of every month.



Perhaps you need us.

We KNOW we NEED you!

We meet in the building behind
Celebration Community Church.

On Thursday, March 5, come
at 6:45 for refreshments. At 7:00
we have a speaker. After that, we
divide into small support groups
where we can talk and listen.

You're welcome to talk as much or
as little as you want or not talk at
all. You can listen and discover how
much PFLAG loves, supports, and
cares for you. You are not alone!
You don't need to be a member.
There is no cost to attend.

Speaker for March

Speaking at our March
meeting of PFLAG Fort
Worth is Bertie Gardner
of LGBTQ SAVES. He will
tell us all about the exciting events
planned by SAVES for LGBTQ+ youth,
ages 12 - 24, and share the history of
LGBTQ SAVES. (Bertie is pictured with
his lovely mom.) Bertie is featured in
Fort Worth Report's *52 Faces of
Community*. [Read more here](#)



2nd WEDNESDAY of MONTH PFLAG Fort Worth CONFAB

Join us for fun and conversation every
2nd Wednesday at 6-6:30ish Ruby
saves a table at Shaws Patio Bar and
Grill, at 1051 W. Magnolia, in Fort
Worth, south of downtown. Parking is
free and easy. See you soon!

4th MONDAY of MONTH PFLAG Fort Worth Sam House Supper Club

Join your PFLAG friends! Bring a
dish and/or come to help serve
supper to residents of Samaritan
House every 4th Monday of the
month 5:30 - 6:30 at 929 Hemphill
St., Fort Worth 76104.

LEADING WITH LOVE

"We are way more powerful
when we turn to each other
and not on each other,
when we celebrate our
diversity... and together
tear down the mighty walls
of injustice."

~ Cynthia McKinney

LEADING WITH LOVE

"You must stand up
for everyone's right
to be who they are—
otherwise you may find
one day that it is you
who is singled out,
who is seen as different,
and then there will be no
one to defend you."

~ Sandi Toksvig

LEADING WITH LOVE

"To say nothing is
saying something.
You must denounce things
you are against
or one might believe
that you support things
you really do not."

~ Germany Kent

Transgender Day of Visibility

Trans and nonbinary folks have ALWAYS existed, and ALWAYS will. This Trans Day of Visibility, we're sending a loud reminder to all of our trans and nonbinary loved ones: we are here, we love you, and we are fighting for you and your right to be your authentic, incredible selves.  [Read more here](#)



Nat'l LGBTQ Health Awareness

In 2025, the National Coalition for LGBTQ Health completed their 3rd annual "State of LGBTQ Health™ National Survey." This survey attempted to understand the current condition of LGBTQ+ healthcare and how it is being impacted in our current state of affairs. [Read more here](#)

Zero Discrimination Day

The director of UNAIDS, Michel Sidibe, created Zero Discrimination Day in 2013 "to end the stigma and unfair behavior towards different people." The focus of this day is to "celebrate human life and the freedom to live it with honor and dignity, irrespective of gender, race, religion, color, nationality, disabilities, and profession." [Read more here](#)

International Day for the Elimination of Racial Discrimination

The United Nations established IDERD, International Day for the Elimination of Racial Discrimination in 1979. The UN decreed, "all human beings are born free and equal in dignity and rights and have the potential to contribute constructively to the development and well-being of their societies." [Read more here](#)

Important Dates in March

Women's History Month

Bisexual Health Awareness Month

03/01 - Zero Discrimination Day

03/08 - International Women's Day

03/16 - 20 Nat'l LGBTQ Health Awareness Wk

03/20 - Two-Spirit and Indigenous LGBTQ+ Awareness Day

03/21 - International Day for the Elimination of Racial Discrimination

03/31 - Trans Day of Visibility

Women's History Month

Women's History Month is "a time to confront the ongoing injustices that plague women around the world — and an invitation to celebrate and rejoice in our shared humanity as women." GoodGoodGood.org says, "Throughout history, women have been erased and excluded, and women of color, transgender women, and queer women have been subjected to even more harmful oppression..." [Read more here](#)



Two-Spirit and Indigenous LGBTQ+ Awareness Day

Two-Spirit and Indigenous LGBTQIA+ Awareness Day is a time to "raise awareness about the unique experiences of Two-Spirit and Indigenous LGBTQIA+ individuals, acknowledging their resilience and contributions to our communities." [Read more here](#)

Looking for a Way to Help?

WHO: PFLAG Fort Worth's Sam House Supper Club

WHAT: Serve Dinner to Sam House residents, bring a dish to donate, or just come to serve.

WHEN: Fourth Mondays, 5:30 - 6:30 pm

WHERE: Samaritan House, 929 Hemphill St, Fort Worth, 76104

WHY: Because it makes a Difference

Interested? [Contact Ruby at 817-382-7353](#)

Westside Unitarian Universalist Church

We Are a Welcoming Congregation

901 Page
Fort Worth, TX
76110



817.924. MYUU (6988)

Sunday Service at 10:30 in person and on Facebook Live

Texas' Bible-Themed School Curriculum - Are Schools Using It?

Linda Jacobson reported that there is “an ongoing statewide debate over whether political leaders are forcing Christianity into public schools.” This year some schools are using a Bible-based curriculum. Also, schools are now “required, under a new state law, to display the 10 Commandments.” [Read here](#) Concerned parents can object. [Read here](#)

Tips for LGBTQ+ Travelers in Europe

Gabe Gunnink of Rick Steves travel gives pointers for LGBTQ travelers. Some are “Know Your Destinations, Understand Risks, Navigate Safely, and Celebrate Pride Worldwide.” [Read more here](#)



While in Europe, Gabe hoped “their culture would follow the steady march toward LGBTQ+ rights I’d seen in my American society until they too could hold hands



in public without a second thought... Then I returned home to companies shuttering diversity programs and friends having passports changed against their will, and I was reminded of Amsterdam’s Homomonument—a vast pink triangle alongside Keizersgracht canal honoring the LGBTQ+ victims of WWII. [Read here](#)

LGBTQ+ Students Win in Court

Public school districts have been stopped “from enforcing the nation’s first law explicitly banning LGBTQ+ student clubs.” A student in Katy ISD, Adrian Moore, said, “It’s a win for trans students, and students from all backgrounds in my district. Schools should be places where all students feel safe and supported. I hope this lawsuit sends the message that when the LGBTQIA+ community and our allies work in solidarity, we can make a difference.” Adrian’s mom said, “In a world that feels like basic human dignity is no longer a given right, it means something to my child that their voice was heard...Adrian will have a name at school. He will no longer be referred to by only his last name...I will see my child’s name listed on programs and playbills at school events. My child will be seen and recognized as the worthy human being he is.” [Read more here](#)

LGBTQ SAVES = LGBTQ Youth

The Prom Project: Circus Prom Saturday, March 21 | 6–9 PM

Step right up to The LGBTQ SAVES Prom Project: Circus Prom on Saturday, March 21 from 6–9 PM. Our youth are planning a magical night filled with games, carnival-style food, whimsical décor, and all the sparkle of a big-top celebration. *Free tickets for youth age 13–19 go live Jan 26* [Click here for Youth Ticket Registration](#)

We’re also seeking volunteers to help the day of the event from 5–10 PM: [Volunteer Sign-Up Here](#)

Want to support Prom in a bigger way? Financial donations and sponsorship opportunities are available.

[Donate or Become a Sponsor Here](#)

Please note that all volunteer opportunities require a background check prior to being approved. Any questions regarding attendance, volunteering, and sponsorship can be directed to bertinand.gardner@lgbtqsaves.org



PFLAG Fort Worth supports LGBTQ SAVES. “SAVES empowers LGBTQ youth aged 12-24 in Fort Worth by fostering safe and brave spaces for social connection, personal growth and community support. Through in-person and virtual weekly meetings, Pride events and inclusive community dinners, we create a nurturing environment for youth and their families.” [Learn more about SAVES here](#)

Unity Fort Worth

Patty Potter is a member of Unity Fort Worth. She has two children, one is trans, non-binary. Patty writes, “Unity Fort Worth offers a progressive, inter-religious approach to practical spiritual exploration. The mission is to provide a safe space to experience spiritual growth and realize divine potential, and all are welcome.” [Read more here](#)

PFLAG Fort Worth Poster

Later in this newsletter, please find a poster of our [4 PFLAG Fort Worth regular monthly events](#). Please share this poster with people who may be interested in PFLAG Fort Worth or who may need to know they’re not alone. Thank you for caring, sharing and supporting us by displaying our PFLAG Fort Worth poster!

LGBTQ+ Scientists - Safer Fieldwork
“Homophobia and transphobia are everywhere, but there’s a particular kind of alienation—ranging from discomfort to palpable danger—that McFarland, Alegria and others say they feel working as field scientists.” Scientists, universities, and other employers are working to assure the safety of their LGBTQ+ in-the-field scientists and students. [Read more here](#)



Care of Trans Kids

Erin in the Morning writes, “Parents of six young, transgender patients who received gender-affirming care at Children’s Hospital Los Angeles held the line alongside their lawyers...[protected]...sensitive medical information, including names, social security numbers, and addresses of over 3,000 transgender children.” [Read more here](#)



Straight for Equality, a program of PFLAG National, provides interactive and engaging training, resources, programs, and more for allies. Lead with Love for People Who Are - LGBTQ+, Bisexual+, Trans or Nonbinary, Asexual & Aromantic, and for LGBTQ+ People in Faith Communities. [Read here](#)



PFLAG is an organization of LGBTQ+ people, parents, families, and allies who work together to create an equitable and inclusive world. We are hundreds of thousands of people and hundreds of chapters from coast to coast who are leading with love to support families, educate allies, and advocate for just, equitable, and inclusive legislation and policies. Since our founding in 1973, PFLAG works every day to ensure LGBTQ+ people everywhere are safe, celebrated, empowered and loved. Learn more, find support, donate, and take action at [PFLAG.org](#). Contact PFLAG Fort Worth at [pflagfortworth.org](#) Email PFLAG Fort Worth [info@pflagfortworth.org](#)

Trans Youth and Puberty Blockers
Those Nerdy Girls reports “current evidence suggests puberty blockers significantly improve the mental health of trans youth while reducing the risk of needing future surgeries.” [Read here](#)

Supporting LGBTQ+ Loved Ones

The Children’s Legacy Center writes, “Many people in the LGBTQ+ community face stigma and discrimination trying to access health care, including mental health care, leading to devastating results. Despite overwhelming evidence and endorsements by all major mental health organizations stating homosexuality, bisexuality, and transgender or gender variance are not mental disorders, old stereotypes and beliefs can and do persist.” [Read more here](#)



Mark your calendar now to march with PFLAG Fort Worth in the Dallas Pride Parade from 7:00 – 9:00pm on Saturday, June 6





PFLAG



FORT WORTH

1st Thursday

PFLAG Fort Worth Meeting & Support

6:45pm Social+Snacks
7:00pm Meeting/
Support Groups

**Celebration Community
Church - Fellowship Hall
908 Pennsylvania
Fort Worth**

For Zoom info, call or email
817.382.7353
info@pflagfortworth.org

2nd Wednesday

PFLAG Fort Worth CONFAB

Join us at 6-6:30ish
for an evening of fun
and conversation at

**Shaw's Patio Bar & Grill
(at PFLAG table)
1051 W. Magnolia
Fort Worth**

For more info, call or email
817.382.7353
info@pflagfortworth.org

4th Monday

PFLAG Fort Worth Sam House Supper Club

Join us to serve dinner to residents
of Samaritan House, bring a dish,
or just help serve from 5:30-6:30pm

**Samaritan House
929 Hemphill St.
Fort Worth**

For more information contact Ruby at
817.382.7353

Last Sunday

PFLAG Fort Worth Trans Support Group

**Virtual on Zoom
3:00pm**



For Zoom info, call or email
817.382.7353
info@pflagfortworth.org

You are not alone! At PFLAG Fort Worth, we have the support and resources you need.

We are parents, family, and friends of LGBTQ+ people and LGBTQ+ people.

Join us to help create a caring and affirming world for LGBTQ+ people and all who love them.

#PFLAGProud #PFLAGProud #PFLAGProud #PFLAGProud #PFLAGProud #PFLAGProud

To Our PFLAG Fort Worth Members and Friends

Membership and/or Donations

To join PFLAG Fort Worth and/or make a donation, please go to www.pflagfortworth.org

Also, there are two ways to interact with PFLAG Fort Worth through PayPal!

To make a donation go to paypal.com/us/fundraiser/charity/2047249

To set up a recurring membership, go to our website, pflagfortworth.org.

Click on the Membership tab on the top, then choose the level of membership you want.

Complete the process through PayPal (if you don't have PayPal, it's free and easy to set up).

The advantage to using PayPal online is you don't have to remember to renew every year!

The PFLAG mission of support, education, and advocacy is as vital as ever. Please continue your support, renew your membership, attend events/meetings, and/or donate to PFLAG Fort Worth so we can fulfill our mission. Despite a growing acceptance of diversity in our society we are all too aware of hostility and worse toward LGBTQ persons. Please help PFLAG keep working toward the society we want; where people are informed, rights are protected, and families find care and understanding.

Some ways we served our mission in 2024-2025:

- Providing a monthly speaker and support group, in person and virtually on Zoom
- Providing a monthly dinner for Fort Worth Samaritan House residents
- Making Christmas stocking for Samaritan House children, providing money for Halloween costumes, and tutoring residents
- Proudly marching in the Dallas Pride parade and attending Pride events
- Staffing a booth at the Fort Worth Pride Festival and Picnic events as well as other area events
- Sponsored Badge of Pride exhibit
- Donated scholarships to LGBTQ SAVES, Camp Haven, TRANSportation Network.

- Sharing our mission of advocacy, support, and education with businesses, universities, federal agencies, etc.
- Hosting a monthly virtual trans Support Group on Zoom with partner St. Stephen's Episcopal Church, Hurst, TX
- Sent an officer to the PFLAG National Conference

Goals for October 2025 - September 2026:

- Continue to offer scholarships to graduating seniors of LGBTQ SAVES, etc.
- Develop ways to become more visible to those who need us and don't know we are here
- Send an officer to the PFLAG National Conference
- Continue advocating for the LGBTQ community with businesses, educators, and families

Everything we undertake has a financial outlay for materials, space, publicity, fees, insurance, printing, etc., and, proudly, scholarship awards. We are making a difference and **need you with us**. Please help PFLAG Fort Worth move equality forward during the coming year with your financial generosity, time, talent, presence at events, etc. Commit to our mission of support, education, and advocacy. Attend our events to connect with us!



PFLAG FORT WORTH, TEXAS

PFLAG Fort Worth promotes the health and well-being of LGBTQ people and their families and friends through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation, and acts to create a society that is healthy and respectful of human diversity.