



September is National Suicide Prevention Month. These posters come from the NAMI, the National Alliance of Mental Illness. [Read more here](#)

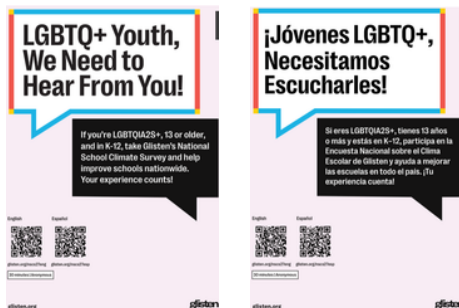
PFLAG Fort Worth

Important Dates

09/03 PFLAG Meeting/Support (Page 2)
 09/09 Food and Fun Confab (Page 3)
 09/28 Sam House Supper Club (Page 3)
 09/27 Trans Support Group (Page 2)
 10/01 PFLAG Meet/Support (Page 2)
 10/14 Food and Fun Confab (Page 3)
To attend PFLAG Fort Worth events
For Zoom, contact us at 817.382.7353
or at info@pflagfortworth.org
for Dallas PFLAG go to pflagdallas.org

National School Climate Survey

Glisten's National School Climate Survey is open until Sept. 30! If you're LGBTQIA2S+ (or questioning), 13 or older, and attended grades K-12 in the U.S. during the 2025-26 school year, you can take the survey now. It's anonymous, takes about 30 minutes, and helps Glisten understand what students need to feel safe, supported, and affirmed at school. [Hear about the survey here.](#) Take the survey at glisten.org/nsccs27



PFLAG Votes Turning Pride Into Power

PFLAG National tells us "advocacy does not stop in Congress, at the statehouse, or at the school board. It continues in our neighborhoods, in our conversations, and at the ballot box. And that work is OURS to do."

[Watch video here](#)
[Read more here](#)

PFLAG Fort Worth

Choose the people
who choose YOU!
No need to be a member.
No cost to attend.
You are not alone!

PFLAG Meeting/Support Group
1st Thursday of Every Month
6:45pm Snacks & Social
7:00 Meeting/Support Group
In person and on Zoom
Celebration Community Church
Fellowship Hall
908 Pennsylvania, Ft Worth

Trans Virtual Support Group
Last Sunday Every Month
3:00-5:00 on Zoom



LET'S TALK

Trans Support Group
In Partnership with
Epiphany Episcopal Church - Hurst
VIRTUAL on Zoom

LAST SUNDAY of Every Month 3-5pm
Talk as much or as little as you want
Interesting speakers/Group Support

Share Our Stories - Share Our Strength

PFLAG Fort Worth
Call or Email for Link
817-382-7353
info@pflagfortworth.org



CELEBRATION COMMUNITY CHURCH

908 PENNSYLVANIA AVE . FT WORTH . TX

#TRADITIONWITHOUTJUDGMENT

JOIN US FOR WORSHIP
EVERY SUNDAY AT 10AM

www.celebration-community-church.com

4th MONDAY of MONTH
PFLAG Fort Worth
Sam House Supper Club

Join your PFLAG friends by bringing
a dish and/or coming to help serve
supper to residents of Samaritan
House every 4th Monday of the
month from 5:30 - 6:30 at 929
Hemphill St., Fort Worth 76104. We'll
serve supper on Mon, Sept. 28.



PFLAG Poster

Later in this newsletter, there is a
poster of our 4 PFLAG Fort Worth
monthly events. Please share this
poster with others who are interested
in PFLAG Fort Worth or who need to
know we're here for them. Thank you
for caring and supporting us by
displaying PFLAG Fort Worth poster!

Every 1st THURSDAY
PFLAG Fort Worth Meets
Please join us at our
meeting and support
group on the FIRST
THURSDAY of every month.
Perhaps you need us.

We KNOW we NEED you!

We meet in the building behind
Celebration Community Church.

On Thursday, Sept. 3, come
at 6:45- 7:00 for refreshments. Stay for our
meeting followed by support groups. You
are welcome to talk as much or as little as
you want or not talk at all. You can listen
and discover how much PFLAG loves,
supports, and cares for you. You are not
alone! You don't need to be a member.
There is no cost to attend. See you there!



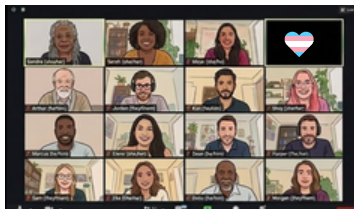
2nd WEDNESDAY of MONTH
PFLAG Fort Worth CONFAB

Join us for fun and conversation every 2nd
Wednesday about 6:00pm. Ruby with the
glorious red hair usually arrives first to save us
a table at Shaws Patio Bar and Grill, at 1051
W. Magnolia, in Fort Worth, south of
downtown. Parking is free and easy to find.
See you soon!



LAST SUNDAY of MONTH
Trans Support Group Meeting

On Sunday, Sept. 27, the LAST SUNDAY
of the month, our Trans Support Group
meets at 3:00 on Zoom. To attend,
contact us at 817.382.7353 or at
info@pflagfortworth.org



Anti-LGBTQ+ Groups

SPL Center tells us that Anti-LGBTQ+ groups are
recycling debunked studies regarding disease,
lifespan, and parenting to falsely claim LGBTQ+
individuals are threats to society. SPL Center
believes these campaigns aim to re-pathologize
LGBTQ+ identity, reinstate conversion therapy,
dismantle nondiscrimination protections, and
overturn marriage equality. [Read more here](#)

LEADING WITH LOVE

Studies show people
who are having thoughts
of suicide feel relief when
someone asks about them
in a caring way.
Learn how you can support
someone through a crisis.
[Read more here](#)

LEADING WITH LOVE

How can you tell
whether a friend
is just having a tough day
or dealing with something
more serious?
Keep an eye out for some of
these common warning signs
of emotional struggle.
[Read more here](#)

LEADING WITH LOVE

If you recognize some of the
warning signs of suicide in
or feel that someone you
know is at risk for suicide,
The Trevor Project provides
steps you can take to help.
When you CARE (Connect,
Accept, Respond,
Empower), you can
potentially save a life.
[Read more here](#)

LEADING WITH LOVE

Campaign to Repeal Marriage Equality

Recently “Them Before Us” launched the “Greater Than” crusade to repeal marriage equality based on the disproved claim that same-sex marriage causes child victimization. Led by Katy Faust and “supported by at least 12 anti-LGBTQ+ hate groups, including American Family Association, Focus on the Family, Family Research Council (FRC), Ruth Institute, Center for Family and Human Rights, Family Watch Int’l and Family Policy Alliance” this is deeply concerning. [Read more here](#)

Painting Nails in Solidarity

After a World Cup game in Sevilla, “A crowd chanted a homophobic slur at a Spanish soccer star for painting his nails. His answer: ‘I’d be happier being gay than being like them.’”

He’s Borja Iglesias, a 33-year-old striker for Celta Vigo who has played 5 times for Spain — and he’s straight. He started painting his nails during the Black Lives Matter protests and kept it up as a visible show of solidarity with LGBTQ+ people. For that, he gets abuse, in the stadium and online.” [Read more here](#)



We remain committed to reaching the people who need us most—

from people with serious mental illnesses, to youth, communities of color, LGBTQ+ individuals, veterans and servicemembers, and any person who faces systemic barriers to care. When we say we want everyone to prioritize mental health, get help early, and receive the best possible care, we mean it.

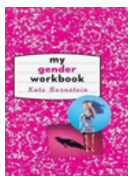
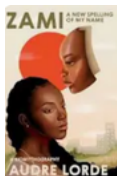


Daniel H. Gillison, Jr.
CEO, National Alliance on Mental Illness (NAMI)

NAMI=Community Without Judgment Ruben writes, “At first, I resisted the idea I was ‘mentally ill.’ But eventually, I learned that accepting my diagnosis wasn’t surrender — it was the beginning of self-understanding and healing... When I discovered NAMI, I discovered something I had been missing all along: community without judgment... where healing was collective. [Read more here](#)

When Our Adult Children Walk Away

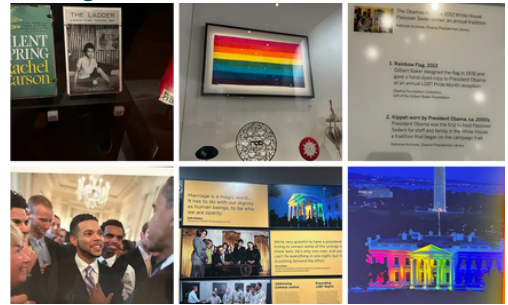
Janet Steinkamp writes, “Our family’s experience with estrangement opened my eyes to the world of rejection, confusion and silence... I experienced firsthand the pain, isolation and helplessness of estrangement when my daughter, chose to...step away from our family... I wasn’t hearing her pleas for change, respect, acceptance, and compassion. I didn’t see her emotional exhaustion – I was focused on my expectations and the dreams I’d created for her life. This is not to say the fault was all mine – all people in a relationship share responsibility. But what I could affect – what I could change – was me. I am a different person now. Not only because of the emotional roller coaster estrangement brings but because after months of reading books, researching...I began to understand my responsibility and role in her choice – her need - to leave. Slowly, my eyes opened – then my heart – and finally my entire being...Although I did not feel responsible for every aspect of her estrangement, I realized that I could only change myself and that I wanted to do my self-work in hopes that our family could heal.” [Read more here](#)



Books LGBTQ Adults Wish They Had Read as Teens

LGBTQ adults suggest books that were helpful to them as a young person. These books “deal with the challenges and benefits of being an outsider in a way that I think LGBT kids could really benefit from” say these adults. [Read more here](#)

Various Ways LGBTQ+ Life is Celebrated throughout the Obama Presidential Museum



See more photos and read more here

The Obama Presidential Center in Chicago celebrated its grand opening on Juneteenth, 2026. The Center highlights LGBTQ history and equality during Obama’s presidency. President Barack and Michelle Obama spoke at the event. Michelle Obama praised her husband for supporting marriage equality and other major achievements. [Read more here](#)

ANTI-EQUALITY ORGANIZATIONS

Please be aware of Anti-Equality organizations and how they try to influence public policy and opinions! PFLAG National maintains a dedicated tracking resource on Anti-Equality Organizations to monitor groups actively working to restrict the civil rights of LGBTQ+ individuals and their families. We need to be aware of these. [See a list here](#)



September 11–17, 2026 - Robinson Film Center, Shreveport, LA Amazing week of films, community, celebration, and LGBTQ+ storytelling. Find out more about Out North LA Film Festival. Why not take a short trip and discover Out North LA in Shreveport? [Read more here](#)

Wonder about LGBTQ+ Friendly Shreveport? [Learn more here](#)

PFLAG Fort Worth supports LGBTQ SAVES.

“SAVES empowers LGBTQ youth aged 12-24 in Fort Worth by fostering safe and brave spaces for social connection, personal growth and community support. Through in-person and virtual weekly meetings, Pride events and inclusive community dinners, we create a nurturing environment for youth and their families.” [Learn more here](#)

If you know an LGBTQ youth, ages 12-24, who needs a supportive, safe, brave space to thrive OR want more information OR want to get involved, please email us at contactus@lgbtqsaves.org

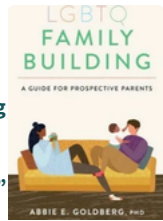


Creep of the Week Column

"Creep of the Week" is an opinion column that appears weekly in the *Philadelphia Gay News*. The author, D'Anne Witkowski, writes about people, laws, and trends that are anti-LGBTQ+. [Read more here](#)

LGBTQ Family Building

Abbie Goldberg's book, "LGBTQ Family Building: A Guide for Prospective Parents," is written "to help children navigate heterosexist bias in the world" Goldberg says, "By preparing children for the biases and misunderstandings they might face, we can help them feel proud, empowered, and loved in the family they have." [Read more here](#)



GLAAD and the W.K. Kellogg Foundation recently "hosted a panel at the Martha's Vineyard African American Film Festival (MVAFF) exploring how film and visual storytelling can shape culture, influence perception, and expand what is possible for Black LGBTQ communities." [Read more here](#)



Trans Lifeline's Hotline is not always available, so this resource will advise you what to do if you cannot connect with them right away. Be prepared [by READING MORE HERE right now.](#)

SPLC Follows Anti-LGBTQ+ Groups

In 2025, the number of anti-LGBTQ+ groups followed by the Southern Poverty Law Center stayed at 96. However, the movement grew stronger by attacking diversity programs, targeting transgender people, and teaming up with hard-right and white nationalist groups to spread conspiracy theories and restrict community inclusion. [Read more here](#)



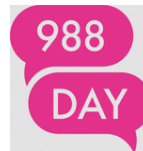
PFLAG Proud Dad and Mom!

Important Dates in September

National Suicide Prevention Month

09/08 - 988 Day - Suicide Prevention
09/08 - International Literacy Day
09/06-12 - Suicide Prevention Week
09/10 - World Suicide Prevention Day
09/20-26 - Bisexual Awareness Week
09/23 - Bisexuality Day
09/27 - National Gay Men's HIV/AIDS Awareness Day

Suicide Prevention



988 Day is a yearly day of action on September 8th. It builds support and awareness for the 988 Suicide & Crisis Lifeline through community and creative group events. [Read more here](#)

988 Hotline's LGBTQ+ Youth Services Still Gone

In June 2025, 70,000+ LGBTQ+ youth used the youth services help from 988, the national suicide and crisis hotline. "That was the last time they were able to do so," says The 19th. It has been over a "year since the 988 hotline's LGBTQ+ youth services shut down. The Trump administration says it is working to bring back 'Option 3' — the line's former place in the menu — by the end of 2026, but that timeline is not guaranteed." [Read more here](#)

Trevor Project - "Here for You"

The Trevor Project says, "We're here for you! If you are thinking about harming yourself — get immediate crisis support. Connect to a crisis counselor 24/7, 365 days a year, from anywhere in the U.S via text, chat, or phone. The Trevor Project is confidential and 100% free." [CLICK HERE FOR HELP](#)



Our trained counselors understand the challenges LGBTQ+ young people face and are available for support 24/7. They will listen without judgment. When you text, chat, or call, all of your conversations are confidential, and you can share as much or as little as you'd like.

St. Mary Catholic Parish v. Roy

St. Mary Catholic Parish v. Roy is an upcoming Supreme Court case addressing whether states can exclude religious schools from public benefit programs over nondiscrimination policies. The case involves Colorado's universal preschool program, which requires participants to accept all families, regardless of sexual orientation/gender identity, a requirement Catholic schools argue violates religious freedoms. More details will be available as oral arguments begin Fall 2026. [Read more here](#)

Looking for a Way to Help?

WHO: PFLAG Fort Worth's Sam House Supper Club
WHAT: Serve Dinner to Sam House residents, bring a dish to donate, or just come to serve.
WHEN: Fourth Mondays, 5:30 - 6:30 pm
WHERE: Samaritan House, 929 Hemphill St, Fort Worth, 76104
WHY: Because it makes a Difference
Interested? [Contact Ruby at 817-382-7353](#)

Westside Unitarian Universalist Church

We Are a Welcoming Congregation

901 Page
Fort Worth, TX
76110



817.924. MYUU (6988)

Sunday Service at 10:30 in person and on Facebook Live



PFLAG

FORT WORTH



1st Thursday

PFLAG Fort Worth Meeting & Support

6:45pm Social+Snacks
7:00pm Meeting/
Support Groups

**Celebration Community
Church - Fellowship Hall
908 Pennsylvania
Fort Worth**

For Zoom info, call or email
817.382.7353
info@pflagfortworth.org

2nd Wednesday

PFLAG Fort Worth CONFAB

Join us at 6-6:30ish
for an evening of fun
and conversation at

**Shaw's Patio Bar & Grill
(at PFLAG table)
1051 W. Magnolia
Fort Worth**

For more info, call or email
817.382.7353
info@pflagfortworth.org

4th Monday

PFLAG Fort Worth Sam House Supper Club

Join us to serve dinner to residents
of Samaritan House, bring a dish,
or just help serve from 5:30-6:30pm

**Samaritan House
929 Hemphill St.
Fort Worth**

For more information contact Ruby at
817.382.7353

Last Sunday

PFLAG Fort Worth Trans Support Group

**Virtual on Zoom
3:00pm**



For Zoom info, call or email
817.382.7353
info@pflagfortworth.org

**You are not alone! At PFLAG Fort Worth, we have the support and resources you need.
We are parents, family, and friends of LGBTQ+ people and LGBTQ+ people.
Join us to help create a caring and affirming world for LGBTQ+ people and all who love them.**

#PFLAGProud #PFLAGProud #PFLAGProud #PFLAGProud #PFLAGProud #PFLAGProud

To Our PFLAG Fort Worth Members and Friends

Membership and/or Donations

To join PFLAG Fort Worth and/or make a donation, please go to www.pflagfortworth.org

Also, there are two ways to interact with PFLAG Fort Worth through PayPal!

To make a donation go to paypal.com/us/fundraiser/charity/2047249

To set up a recurring membership, go to our website, pflagfortworth.org.

Click on the Membership tab on the top, then choose the level of membership you want.

Complete the process through PayPal (if you don't have PayPal, it's free and easy to set up).

The advantage to using PayPal online is you don't have to remember to renew every year!

The PFLAG mission of support, education, and advocacy is as vital as ever. Please continue your support, renew your membership, attend events/meetings, and/or donate to PFLAG Fort Worth so we can fulfill our mission. Despite a growing acceptance of diversity in our society we are all too aware of hostility and worse toward LGBTQ persons. Please help PFLAG keep working toward the society we want where people are informed, rights are protected, and families find care and understanding.

Some ways we served our mission in 2025-2026:

- Providing a monthly speaker and support group, in person and virtually on Zoom
- Providing a monthly dinner for Fort Worth Samaritan House residents
- Making Christmas goodie bags for Samaritan House children, providing money for Halloween costumes, and tutoring residents
- Proudly staffing a table, volunteering, and/or attending LGBTQ+ Pride events all over the Dallas-Fort Worth-Arlington-etc. area
- Sponsoring LGBTQ SAVES Youth Pride Picnic and "Friendsgiving" dinner
- Donating to Lambda Legal, Black Tie Dinner, scholarships to LGBTQ SAVES, Camp Haven and

other LGBTQ+ organizations in the DFW area.

-Sharing our mission of advocacy, support, and education with businesses, universities, federal agencies, etc.

-Hosting monthly virtual Trans Support Group on Zoom with partner Epiphany Episcopal Church, Hurst, TX

-Sending an officer to the PFLAG National Conference

Goals for October 2026 - September 2027:

-Continue to offer scholarships to graduating seniors of LGBTQ+ SAVES, etc.

-Develop ways to become more visible to those who need us and don't know we are here

-Continue all of the ways we served the LGBTQ+ community in 2025-26

-Continue advocating for the LGBTQ+ community with businesses, educators, families, friends, etc.

Everything we undertake has a financial outlay for materials, space, publicity, fees, insurance, printing, etc., and, proudly, scholarship awards. **We are making a difference and need you with us.** Please help PFLAG Fort Worth move equality forward during the coming year with your financial generosity, time, talent, presence at events, etc. Commit to our mission of support, education, and advocacy. Attend our events to connect with us!



PFLAG FORT WORTH, TEXAS

PFLAG Fort Worth promotes the health and well-being of LGBTQ people and their families and friends through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation, and acts to create a society that is healthy and respectful of human diversity.